ANNUAL REPORT

20

A YEAR OF
GROWTH & RESILIENCE

25

ACCEPTANCE
RECOVERY

GIVE RECOVERY A VOICE

Leading with Vision, **Inspiring Success**

Dear Friends,

Recovery teaches us something powerful: success is not defined by never falling. It is defined by the courage to get back up, again and again. Recovery is a process of healing, growth, self-discovery, and movement to a self-directed life.

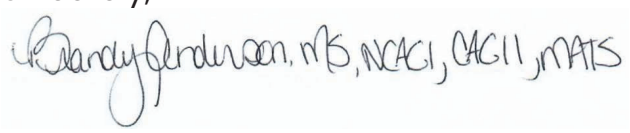
No two recovery journeys look the same. Each person and family brings their own experiences, challenges, strengths, and goals. While the path is often marked by obstacles, it is also filled with resilience, determination, and hope. Every day, we witness individuals choosing to keep moving forward, even when the road ahead feels difficult.

This past year, we saw parents work to reunify with their children, families rebuild trust and stability, healthy babies born in our care, and residents take meaningful steps toward long-term recovery. We saw people choose connection over isolation and perseverance over giving up. These moments remind us that you can get back up one more time than you fall.

Our residences are located in a Georgia region where the opioid crisis continues to affect individuals, families, and entire communities. These trends are reflected in our own programs, where 45% of residents admitted last year had a diagnosed opioid use disorder. Behind every statistic is a person seeking hope, healing, and the opportunity to build a healthier future.

The stories and outcomes shared in this report reflect what is possible when people have access to care, stability, and support at the right time. Your support helps us meet people in some of the hardest moments of their lives and help them get back up.

Sincerely,



Brandy Anderson
President & CEO

Living our Purpose, **Changing Lives**

Our Purpose

To break the generational cycles of trauma and addiction.

Our Vision

A community that is free of addiction.

Our Mission

To lead those displaced by addiction through care, support, and education into long-term recovery.





Our Programs, **Advance Recovery**

Foundation Program

The Foundation Program is the cornerstone of services and provides a structured pathway toward long-term recovery. Every resident is required to complete the evidence-based five-phase Foundation Program. The program is a minimum of 15 months and combines accountability, evidence-based practices, peer support, and individualized recovery planning within a safe and supportive environment.

The program is designed to help individuals address the underlying causes of substance use disorder while developing the skills necessary for sustained recovery. Residents participate in group counseling, peer support, individualized case management, recovery planning, drug screening, employment readiness activities, life skills development, financial literacy education, family counseling, and referrals to healthcare, mental health, individual therapy, and other community resources.

A key component of the Foundation Program is safe and stable housing. Residents live in a structured, substance-free environment where they can focus on recovery while receiving daily support, supervision, accountability, and encouragement.

Through a personal recovery treatment plan, residents build self-awareness, emotional resilience, healthy coping strategies, and personal responsibility and accountability. The program helps participants break cycles of addiction, homelessness, criminal justice involvement, and instability while creating a foundation for long-term success.

Our Programs, **Sustain Recovery**

Alumni Care Program

Residents who successfully complete the Foundation Program transition into Alumni Care, a required minimum three-month phase that may continue for up to one year before certificate completion.

Alumni Care is also available to eligible community members who achieved sobriety through another recovery program. Participants may live in one of ARC's residences or, when appropriate, live independently while receiving structured support, services, and check-ins.

Each participant develops a personal recovery plan with at least three measurable goals related to recovery, employment, financial stability, housing, family relationships, or personal growth. Through weekly alumni meetings, pro-social recovery activities, accountability, peer support, budgeting assistance, employment coaching, and case management, the program helps participants strengthen recovery capital, maintain stability, and transition toward independent living.

Pro-Social Events and Activities

Recovery is about more than abstaining from substances. It is about building a fulfilling, connected life. We coordinate pro-social recovery activities that strengthen relationships, build community, and support long-term healing for residents.

These activities include recovery conferences, volunteer projects, community events, holiday celebrations, sporting events, cookouts, outdoor recreation, family activities, and recovery-focused retreats. Through these experiences, residents build supportive networks, practice healthy coping skills, gain confidence, and create meaningful memories without the use of substances. By fostering connection, these activities help reduce isolation and support sustained recovery.

Celebrating 2025,
Year in Review

141
Served by Foundation Program

167
Adults and kids housed

100
Resident counseling sessions

26
Served by Alumni Care Program

83
Provided financial assistance

55
Pro-social recovery events

33
Graduated from the program

15
Treatment groups occurred a week

78
Total treatment and support groups

622
Negative drug screens

3,900
Individuals attended 15 groups over 52 weeks

8
Court appearances by staff to support residents

100% OF RESIDENTS MADE PROGRESS ON THEIR PERSONAL RECOVERY TREATMENT PLANS.

Increasing Access, Rebuilding Lives

Indigent Care Program

ARC believes that financial hardship should never be a barrier to recovery. Through the Indigent Care Program, individuals who meet eligibility requirements can access recovery housing and support services regardless of their ability to pay.

Many participants entering ARC's programs are experiencing homelessness, unemployment, housing instability, or significant financial hardship. Indigent Care funds help ensure that individuals with the greatest need can access life-changing services.

Through this program, financial assistance is provided for admission fees, bed costs, medical and dental care, transportation, and workforce needs. Because of donor support, grant funding, and community partnerships, ARC is able to provide free or low-cost opportunities for recovery to individuals who are committed to changing their lives.

Community Support

Recovery is strengthened when basic needs are met. Through community-driven initiatives such as the Adopt-a-Family Program during the holidays, parenting supplies, and diaper distribution efforts, we reduce barriers faced by families experiencing financial hardship.

These programs provide essential resources to children and families throughout the community while helping parents focus on recovery, employment, housing stability, and family well-being.

Preserving Families,
Supporting Reunification

Family Preservation Program

The Family Preservation Program provides specialized, family-centered support for pregnant and postpartum individuals, parents with children, and families working toward preservation or reunification while engaged in recovery services. Those enrolled receive additional case management, parenting education, goal setting, and support navigating healthcare, childcare, schools, courts, and other public systems. When appropriate, parents may have the opportunity for their children to reside with them during services.

Through education, accountability, and individualized support, the program helps parents strengthen family relationships, build healthy attachments with children, and create safe, stable, nurturing homes. ARC is committed to preserving and reunifying families whenever safe and appropriate. This program helps break generational cycles of addiction, trauma, homelessness, and family separation.



Empowering Residents, Celebrating Success

"My recovery journey began on November 11, 2023, and it has changed my life. Before entering recovery, I struggled to find stability and direction for my future.

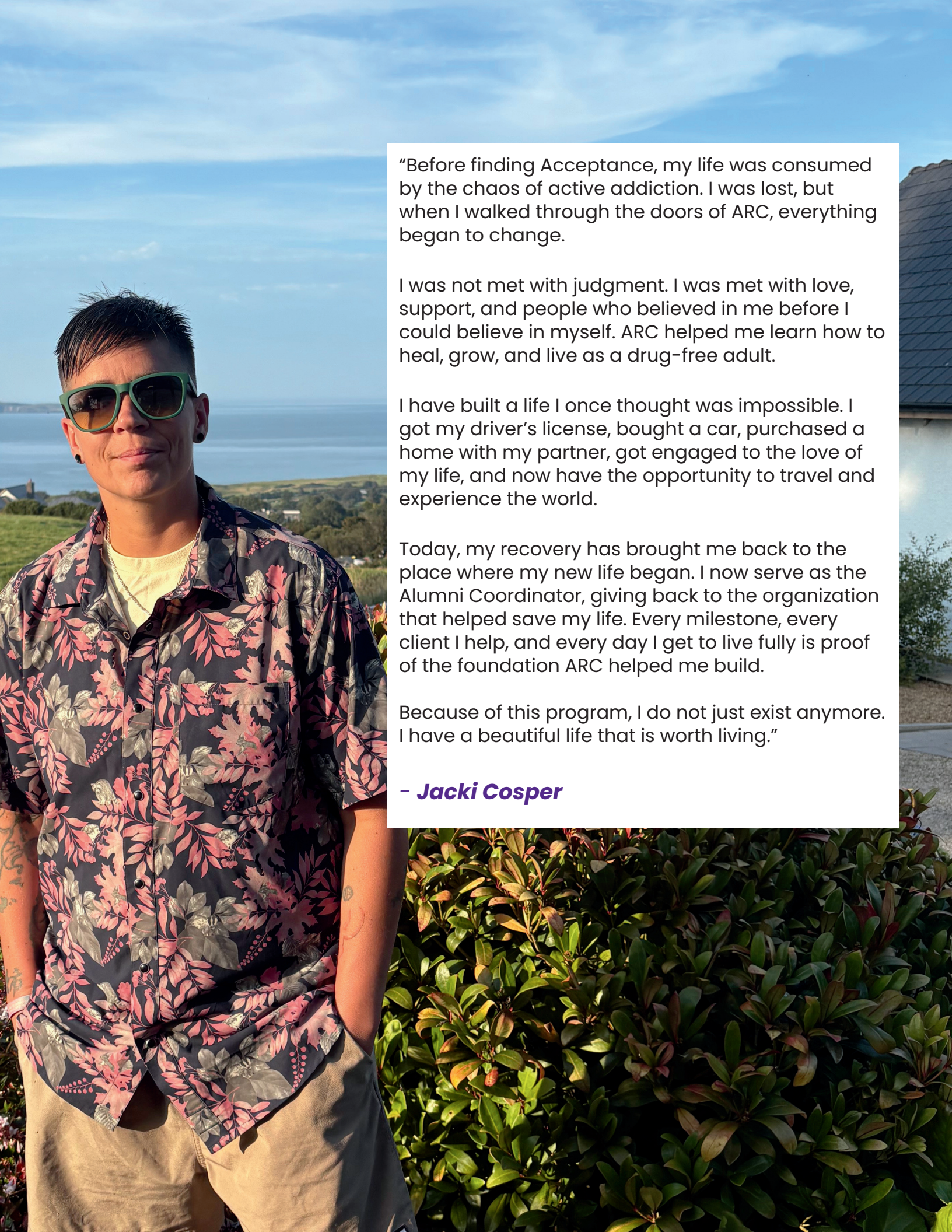
Through ARC, I received support, guidance, and a sense of community. I learned healthy coping skills, built meaningful relationships, and gained confidence in myself. I also learned the importance of accountability, perseverance, and asking for help when I need it.

Today, I am proud to be a Recovery Assistant, supporting others as they begin their own journeys. I am also working toward a social work degree in order to continue helping people in my community.

Recovery has allowed me to be more present for my daughter and create a brighter future for our family. My story is proof that recovery is possible, and that lasting change can happen with support, determination, and hard work."

- ***Melissa Hull***





"Before finding Acceptance, my life was consumed by the chaos of active addiction. I was lost, but when I walked through the doors of ARC, everything began to change.

I was not met with judgment. I was met with love, support, and people who believed in me before I could believe in myself. ARC helped me learn how to heal, grow, and live as a drug-free adult.

I have built a life I once thought was impossible. I got my driver's license, bought a car, purchased a home with my partner, got engaged to the love of my life, and now have the opportunity to travel and experience the world.

Today, my recovery has brought me back to the place where my new life began. I now serve as the Alumni Coordinator, giving back to the organization that helped save my life. Every milestone, every client I help, and every day I get to live fully is proof of the foundation ARC helped me build.

Because of this program, I do not just exist anymore. I have a beautiful life that is worth living."

- Jacki Cosper

Choosing Recovery, **Restoring Hope**



“My intake date was June 20, 2023.

I misused substances for 31 years of my life. Today, I have been in recovery for 43 months and am finally free from my addiction. ARC showed me a better way and saved my life.

When I came to the program, I had nothing but the clothes on my back and a pair of work detail boots from the jail where I had been incarcerated. The program was intense, and I had to do a lot of hard work, but I was ready for a better life. ARC helped me rebuild relationships with my son and my family.

Today, I work at Acceptance as the facility manager, residential recovery assistant, and peer coach. I get to give back to the program that changed my life and help show others that recovery is possible. Having purpose again is possible. I am living proof.”

-Jason Garrett

90% OF RESIDENTS SAW MEASURABLE IMPROVEMENTS ACROSS ALL 7 ADDICTION SEVERITY INDEX LIFE DOMAINS.

Uplifting Parents, **Championing Families**

62
Kids served by Adopt-a-Family Program

84
Family counseling appointments

52
Parenting classes conducted

150
Parents attended parenting classes

7
Pregnant and postpartum women served

150
Assisted with health and childcare needs

9
Families connected to community resources

11
Community partners helped with family needs

234
Children served in community

9
Parents received individualized case support

2
Healthy babies born to residents

152
Classes conducted on parenting skills

19,300 Diapers distributed to families in need

Collaboration Efforts, **Partnerships Built**

ACC COSSUP Partnership

Since 2021, ARC has partnered with the Athens Clarke County government's Comprehensive Opioid, Stimulant and Substance Use Program (ACC COSSUP).

"We have partnered to provide comprehensive services to people seeking recovery. We help people in active addiction identify a pathway to recovery and then provide supports to reach their goals. Our participants working with ARC have the benefit of robust services, residential housing, and an incredibly experienced staff. What stands out about working with ARC is that they are excellent at communicating expectations. Our partnership with ARC has been invaluable. We are so proud of what our mutual participants have and can accomplish."

- Carol Ann Adams, COSSUP Coordinator

Alliance Recovery

Since 2019, Alliance has worked with us to help individuals find lasting recovery.

"Acceptance was one of the 1st residential programs in Athens to allow, accept, and coordinate MAT care. Over the years, they have been a continuous referral source and resource for our shared clients. They have been true pioneers in coordinating MAT care and collaboration. Staff is historically prompt, thorough, and focused on safety and client wellbeing. Our open, active, communicative relationship has been an explicit asset to clients and our individual agencies."

- Dani Riding, LPC, Assistant Director, Community Liaison

ARC
Alliance Recovery Center

Thanking You,
Looking Forward

Every number represents a person, a child, or a family whose life was impacted by recovery. Behind each admission is an individual choosing a different path. Behind each program completion is someone who continued moving forward despite obstacles. Behind each family served is a parent working to create a safer, healthier future for their children.

These accomplishments are made possible through the dedication of staff, volunteers, donors, community partners, peers, and residents who demonstrate every day that recovery is possible and that lasting change can happen when people are given the support, tools, and opportunities they need to succeed

You can make a donation to continue to support the work at www.arc-ga.org/donate or scan the QR code to donate.

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Thank you!

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