

Adjunct Therapy Referrals

The following is a list of adjunct therapy referrals located in the surrounding counties:

Art Therapy

Divas Who Win- Art center- Divas art center offers classes and art time for women in need of creative healing.

Open to walk-ins Monday-Friday 10am-8pm

Contact directly for services

Phone: (706) 850-5945

- 645 Hawthorne Ave
Athens, Ga 30606

Reboot Jackson- Creative Recovery is every Sunday at 2pm

Contact directly for services

Phone: (706) 708-2259

- 102 Cloverleaf Cir
Jefferson, Ga 30549

Music Therapy

Nuci Space- creates a safe space for clients to express themselves through music and counseling services.

Contact directly for services

Phone: (706) 227-1515

- 396 Oconee St.
Athens, Ga 30601

Recovery Dharma- Drum circle and guided meditation lead by Lisa Yaple

Every Thursday at 7pm

- 8801 Macon Hwy, suite #1
Athens, Ga 30606

Animal Support Therapy

Farm of the Free Animal Sanctuary- Volunteer positions available to the community

Contact directly for services

Phone: 770-876-7927

- 1701 Launios Rd
Good Hope, Ga 30641

Sweet Olive Farm- Volunteer to feed the animals every Saturday 9am-12pm

For referral contact Lead Phase Counselor at tara.kinsey@arc-ga.org

Kat Hawkins (770) 365-7782

- 855 Parkview Rd
Winterville, Ga 30683

Adjunct Therapy Referrals

Athens Humane Society- Volunteers have an opportunity to cuddle with animals, partake in play time with cats or dogs, walk dogs, or assist in cleaning kennels.

For referral contact Lead Phase Counselor at tara.kinsey@arc-ga.org

- Contact info: 706-769-9155
1030 Mitchell Bridge Rd
Athens, Ga 30606

Adventure Based Therapy

Bike Athens- Contact Bike Athens to receive a free bike to address transportation barriers and promote a healthy lifestyle through cycling.

Residential staff can assist with the referral process

Contact info: (706) 249-9550

- 1190 Prince Ave, Suite B
Athens, GA 30606

Ben Burton- Ben Burton Park features a 1.4 mile pedestrian trail that traverses upland forest, and the Middle Oconee riverside. Follow the orange blazes and enjoy the scenery throughout the park.

Hours: Sunrise to sunset

- 615 Mitchell Bridge Rd
Athens, GA 30606

Sandy Creek Park- 782-acre outdoor recreation area with nature trails, disc golf, fishing, and boating activities at Lake Chapman.

Hours: Tuesday-Sunday 7am-8:30pm

- 400 Bob Holman Rd.
Athens, GA 30607

Unbridled Joy- Provides an opportunity for therapeutic interaction with horses through Equine Facilitated Psychotherapy for veterans, service members, and people in recovery from substance use.

For referral contact Lead Phase Counselor at tara.kinsey@arc-ga.org

- Located in Monroe, GA

Fort Yargo State Park- Offers 260 acres of creek reservoir for fishing, walking trails, camping, kayaking, and 20.5 miles of hiking trails.

Hours- Open everyday 7am-10pm

- 210 S. Broad St.
Winder, GA 30680

Adjunct Therapy Referrals

Fitness

Athens Recovery Warriors- At Athens Recovery Warriors they make fitness goals accessible to veterans and those in recovery from substance use.

Contact directly for services

Phone: (706) 389-0183

- Email: admin@athensrecoverywarriors.org

Shakti Yoga- Shakti Yoga is rooted in gratitude aiming to build strength and flexibility while rejuvenating the mind, body, and spirit.

For referral contact Lead Phase Counselor at tara.kinsey@arc-ga.org

- 940 Prince Ave, Suite D
Athens, GA 30606