



Family Restoration Group Consent & Confidentiality Agreement

Welcome to Acceptance Recovery Center, Inc.'s Family Restoration Group. This document contains important information about the professional services and business policies. Although these documents are long and sometimes complex, it is very important that you understand them. When you sign this document, it will also represent an agreement between us. We can discuss any questions you have when you sign them or at any time in the future.

At Acceptance Recovery Center (ARC), we realize that addiction affects more than an individual, it affects the family as a whole. We are dedicated to providing the highest recovery experience possible to both the individual and the family.

We believe that loved ones benefit from the knowledge and understanding of what our organization provides. We also seek to help families form healthy boundaries and harmonious relationships.

Group Services

Group sessions work in part because of clearly defined rights and responsibilities held by each person. As a client, you have certain rights and responsibilities that are important for you to understand. There are also legal limitations to those rights that you should be aware of. Acceptance Recovery Center also has corresponding responsibilities to you. These rights and responsibilities are described in the following sections.

Group sessions have both benefits and risks. Risks may include experiencing uncomfortable feelings, such as sadness, guilt, anxiety, anger, frustration, loneliness and helplessness because the process often requires discussing the unpleasant aspects of your life. However, group sessions have been shown to have benefits for individuals who undertake it. Therapeutic group settings often allow for a significant reduction in feelings of distress, increased satisfaction in interpersonal relationships, greater personal awareness and insight, increased skills for managing stress and resolutions to specific problems. There are no guarantees, however, about what will happen. Group sessions require a very active effort on your part. In order to be most successful, you will have to work on things we discuss outside of sessions.

During group, we will discuss family and personal recovery plans as well as discussion of ARC's residential policies that can affect you as a loved one. If you have questions about any procedures, please feel free to ask and discuss them whenever they arise. If your doubts persist, we will be happy to help you set up a meeting with another mental health professional for a second opinion.

Please Initial: _____

Group Meeting Schedule

The Family Group will meet virtually on the last Sunday of the month (excluding holidays). All sessions are from 3:00-5:00PM. There will also be an orientation session at 2PM for all new support persons for both the online and in-person session. Please refer to the schedule/website for dates and location.

*If in-person sessions are not possible due to potential health or other concerns, these sessions will also be virtual.

Please Initial: _____

Professional Fees and Payments

Each person will be responsible for paying \$10.00 per group session, unless prior arrangements have been made. This \$10.00 fee will help cover the cost of the facilitator's time, and the dinner that follows at the "End of



Month Celebration.” This will be invoiced to your email via Quickbooks; if you are unable to please let us know; we will not turn you away.

Resident and family/support person sessions that are required in each phase will be \$20.00 per session. Residents will be responsible for paying this fee, unless you prefer to be invoiced via Quickbooks.

If family/support persons wish to receive individual counseling sessions outside of the program requirements, they may schedule an appointment directly with our counselor, and any associated fees for these sessions will be paid directly to the counselor.

Please Initial: _____

Professional Records

Acceptance Recovery Center is required to keep appropriate records of the services that are provided. Your records are maintained and uploaded to a secure digital drive. ARC will keep brief records noting that you were here, topics that were discussed, and your billing records.

Please Initial: _____

Confidentiality

As a rule, Acceptance Recovery Center will not disclose information about you, or the fact that you are in the group sessions, without your written consent. Healthcare providers are legally allowed to use or disclose records or information for treatment, payment, and healthcare operations purposes. However, ARC does not routinely disclose information in such circumstances, and will only do so through your written authorization at the time the need for disclosure arises.

Our confidentiality practices are upheld in the group. We believe that what is discussed in group stays in group. It is vital to keep these sessions confidential and to cause no harm.

Please Initial: _____

Complaints

All employees, applicants, providers, and others associated with ARC are urged to report any and all instances in which confidentiality has not been maintained to or by a physician, administrator, group facilitator, or office manager. All incident reports will be thoroughly investigated and followed up by appropriate action.

Contact Information

The best way to contact Acceptance Recovery Center is by calling the office number at (706) 308-8860 ext.3

OR email at info@arc-ga.org

Please address the subject line as: Family Restoration Group (Insert Name)

CONSENT TO FAMILY GROUP SESSIONS

Your signature below indicates that you have read this Informed Consent/Confidentiality Agreement and agree to these terms.

Signature

Printed Name

Date