

### **Al-Anon Family Groups**

- Friends and families of problem drinkers find understanding and support at Al-Anon and Alateen meetings.
- Al-Anon/Alateen members do not give direction or advice to other members. Instead, they share their personal experience and stories, and invite other members to determine for themselves what lesson they could apply to their own lives.

### **Local Al-Anon Groups**

- **Keep it Simple**
  - Monday & Wednesday & Friday & Saturday
  - 12:15PM
  - Young Harris United Methodist Church (In Main Building)
  
  - 973 Prince Avenue, Athens, GA 30606
- **Hope For Today**
  - Monday
  - 6:30PM
  - The Commencement Center
  - 1175 Mitchell Bridge Road, Athens, GA 30606
- **From Survival To Recovery**
  - Tuesday
  - 6PM
  - Grubb House
  - 490 Pulaski Street, Athens, GA 30601
- **Let It Begin With Me**
  - Tuesday
  - 7:30PM
  - 524 Prince Avenue, Athens, GA 30601 (Small Brick Building, Enter Back Door)
- **First Things First**
  - Thursday
  - 7:00PM
  - Young Harris Methodist Church
  - 973 Prince Avenue, Athens, GA 30606 (Building Behind Sanctuary)
- **One Day at A Time**
  - Friday
  - 6pm
  - St. Gregory The Great Episcopal Church
  - 3195 Barnett Shoals Road, Athens, GA 30605 (Library in Education Building)